

Northview High School CLAY COUNTY SECONDARY BRKFST JAN BREAKFAST 2025

Monday	Tuesday	Wednesday	Thursday	Friday
		Jan - 1 NO SCHOOL TODAY	Jan - 2 NO SCHOOL TODAY	Jan - 3 TEACHER IN-SERVICE DAY
Jan - 6 BREAKFAST BURRITO FRESH FRUIT JUICE Milk variety 1%	Jan - 7 CINNAMON ROLLS BACON FRESH FRUIT JUICE Milk variety 1%	Jan - 8 BREAKFAST SANDWICH FRESH FRUIT JUICE Milk variety 1%	Jan - 9 PANCAKES & SYRUP SAUSAGE LINKS FRESH FRUIT JUICE Milk variety 1%	Jan - 10 BREAKFAST PIZZA FRESH FRUIT JUICE Milk variety 1%
Jan - 13 DONUT, POWDERED MINI FRESH FRUIT JUICE Milk variety 1%	Jan - 14 BISCUITS AND GRAVY FRESH FRUIT JUICE Milk variety 1%	Jan - 15 DUTCH WAFFLE YOGURT, STWBRY FRESH FRUIT JUICE Milk variety 1%	Jan - 16 FRENCH TOAST STICKS SAUSAGE LINKS FRESH FRUIT JUICE Milk variety 1%	Jan - 17 EGG OMELET BAGEL FRESH FRUIT JUICE Milk variety 1%
Jan - 20 NO SCHOOL TODAY	Jan - 21 CINNAMON ROLLS BACON FRESH FRUIT JUICE Milk variety 1%	Jan - 22 BREAKFAST SANDWICH FRESH FRUIT JUICE Milk variety 1%	Jan - 23 PANCAKES & SYRUP SAUSAGE LINKS FRESH FRUIT JUICE Milk variety 1%	Jan - 24 BREAKFAST PIZZA FRESH FRUIT JUICE Milk variety 1%
Jan - 27 DONUT, POWDERED MINI FRESH FRUIT JUICE Milk variety 1%	Jan - 28 BISCUITS AND GRAVY BACON FRESH FRUIT JUICE Milk variety 1%	Jan - 29 DUTCH WAFFLE YOGURT, STWBRY FRESH FRUIT JUICE Milk variety 1%	Jan - 30 FRENCH TOAST STICKS SAUSAGE LINKS FRESH FRUIT JUICE Milk variety 1%	Jan - 31 EGG OMELET BAGEL FRESH FRUIT JUICE Milk variety 1%

ALL MENUS SUBJECT TO CHANGE WITHOUT NOTICE!!!!

	Average	Weekly Target	% of Target		Average	% of Calories	Weekly Target
Calories	554	450-600	100%	Protein	13.90 g	10.04%	
Sodium	532 mg	640		Carbohyd	91.99 g	66.45%	
Fiber	6.96 g			Tot. Fat	15.02 g	24.41%	<=30.0%
Calcium	216.97 mg			Sat. Fat	5.45 g	8.86%	<10.00%

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.